



Cabot Primary School

Learn together, respect each other, achieve forever

Relationships & Sex Education (RSE)

Adopted: December 2017

Review Date	Details	Owned by/linked to
December 2020		SIC

Cabot Primary School

Relationship and Sex Policy (RSE)

Introduction

We have based our school's RSE Policy on the DFE guidance document, Sex and Relationship Education Guidance (ref DfE 0116/2000) and Policy Statement: Relationships Education, and Relationship and Sex Education, and Personal, Social, Health and Economic Education (ref DfE March 2017) In this document, sex education is defined as "learning about physical, moral and emotional development."

It is about understanding the importance of marriage for family life, stable relationships, respect and care. Sex education is a part of the personal, social and health education curriculum in our school. We will use the policy to inform children about sexual issues, we do this with regards to matters of morality and individual responsibility, and in a way that allows children to ask and explore moral questions. We do not use RSE as a means of promoting any form of sexual orientation.

The RSE Policy will be sensitive towards the cultural and religious values of the pupils in our school.

Aims and Objectives

- To further develop personal awareness, confidence and responsibility
- To nurture a responsible attitude towards personal relationships including aspects of mutual respect, care and to develop sensitivity towards the needs of others
- To provide knowledge of loving and supportive relationships, the nature and importance of marriage and family life
- To provide knowledge of human reproductive processes
- To inform children on matters of personal hygiene and related sexual health issues
- To provide knowledge and understanding of keeping safe and the recognition and management of risk
- To develop positive relationships and respect for difference and diversity, avoiding prejudice and stereotyping.

This policy cross references with the following policies:

PSHE & Citizenship

Equal Opportunities

Safeguarding

Behaviour

Anti Bullying

SMSC.

Our Vision and Values

At the heart of Cabot Primary School is a belief that school is a place where everybody feels valued and respected. Everyone is proud of their personal achievements and the achievement of the school.

We believe that school must be a welcoming and caring place for all. We recognise that children, families, staff and the local community all must work in partnership for our children to achieve their full potential.

We have a commitment to providing our children with a quality education that is broad, balanced, challenging and fun. We believe in setting high expectations in all areas of school life to ensure that children have the opportunity to do their best, where all are inspired and encouraged to have high expectations.

By creating a safe and secure learning environment, we believe that our children are motivated to discover their talents, develop their interests and have the self confidence to become successful lifelong learners.

We aim to develop the following key characteristics in our children:

Our School Values:

Partnership

Inclusion

Excellence

Moral and Values Framework

Relationship and Sex Education will reflect the values of the PSHE programme. RSE will be taught in the context of relationships.

In addition RSE will promote self-esteem and emotional health and wellbeing and help them form and maintain worthwhile and satisfying relationships, based on respect for themselves and for others, at home, school, work and in the community.

The Teaching Programme for RSE

Legal Requirements

“The Secretary of State for Education confirms the Government’s ambition to support all young people to stay safe and prepare for life in modern Britain by making Relationships Education statutory in all Primary schools effective from September 2019.”

All schools must teach the following as part of the National Curriculum Science and Relationship (From Sept 2019) Orders; parents do not have the right to withdraw their child/children.

National Curriculum Science

Key Stage 1

1b) that animals including humans, move, feed, grow, and use their senses and reproduce.

2a) to recognise and compare the main external parts of the bodies of humans and reproduce.

f) that humans and animals can reproduce offspring and these grow into adults.

3a) to recognise similarities and differences between themselves and others and treat others with sensitivity.

Key Stage 2

1a) that the life processes common to humans and other animals include nutrition, growth and reproduction.

2 f) about the main stages of the human life cycle.

Relationship aspect of RSE curriculum will be age appropriate, building on knowledge and life skills over time in a way that prepares pupils for issues they may face. At Cabot we will focus on:

- different types of relationships, including friendships, family relationships and dealing with strangers;
- how to recognise, understand and build healthy relationships, including self-respect and respect for others, tolerance and how to manage conflict, and also how to recognise unhealthy relationships;
- how relationships may affect health and wellbeing, including mental health;
- healthy relationships and safety online.

Every child is entitled to receive RSE regardless of ethnicity, gender, religion, age, culture, disability, sexuality, language special needs, disadvantage and whether they are looked after children.

It is our intention all children have the opportunity to experience a programme of RSE at a level which is appropriate for their age and physical development with differentiated provision if required.

The National Healthy School Standard

As part of the National Healthy School Standard Scheme which promotes health education we:

- Consult with parents on all matters of health education policy.
- Provide INSET opportunities to support teachers in the delivery of RSE
- Listen to the views of the children in our school regarding RSE;
- Look positively at any local initiatives that support providing the best RSE programme that we can devise.

The organisation of Relationship and Sex Education

Joanna Taylor is the designated teacher with responsibility for coordinating Relationship and Sex Education. The School Improvement Committee (SIC) is responsible for RSE.

Relationship and Sex Education is delivered through science, RE, PSHE, literacy activities and circle time. Relationship and Sex Education is taught by classroom teachers and if appropriate, outside visitors such as the school nurse.

A range of teaching methods which involve children's full participation are used to teach Relationship and Sex Education. These include use of video, discussion, looking at case studies, drama and role play.

Children begin to learn about relationships and their feelings from Reception. Initially in Reception children learn about working and playing together, taking turns and what happens when they say or do something to someone else. Reception children also look at what their bodies can do, how to keep clean and healthy and who ask for help.

The children build on these experiences each year. Children in year 1 and 2 move on to look at the names of the main body parts, how their bodies have changed since they were babies, different types of emotions and keeping and making friends. In years 3 and 4 children study the main differences between males and females, keeping clean and healthy, whilst in years 5 and 6, children study how their bodies are developing and puberty.

At times, it may be deemed appropriate for boys and girls to be taught separately for example to enable them to ask questions which may be embarrassing in a mixed group environment, but wherever possible pupils will be taught as a whole class in their appropriate year group.

In science lessons in both key stages, teachers inform children about puberty and how a baby is born. For this aspect of the school's teaching, we follow the guidance material in the National Scheme of Work for Science. In key stage 1 we teach children that animals, including humans, feed, move, grow and reproduce. We also teach them about the main parts of the body. Children learn to appreciate the differences between people and how to show respect for each other. In key stage two we teach about life processes and the main stages of the human lifecycle in greater depth.

The Role of the Parent

The school includes information on Relationship and Sex Education on the school website. We wish to build a positive and supporting relationship with the parents of the children at our school through mutual understanding, cooperation and trust. In promoting this objective we:

- Inform parents of the RSE policy and practice
- Answer any questions that parents may have about the sex and relationship education of their child
- Take seriously any issue that parents raise with teachers or governors about this policy or the arrangements for RSE in this school
- Encourage parents to be involved in the reviewing of the policy and making modifications to it as necessary.

Child Withdrawal Procedures

RSE at Cabot Primary School is to be taught across the Curriculum. If a parent feels it necessary to withdraw a child from Sex Education within RSE (other than the statutory requirements of the science and Relationship (from Sept 2019) curriculum) they will be encouraged to come to school and discuss their concerns with the Headteacher, and make it clear which aspects of the programme they do not wish their child to participate in. In the event of a child being withdrawn from a lesson that child must stay in school and will be assigned to another class until the RSE lesson is over.

The Role of Other Members of the Community

We encourage other valued members of the community to work with us to provide advice and support to the children. In particular, members of the local health authority, such as the school nurse and other health professionals, may give us support with our RSE programme. Other people that we call on may include people from different faiths, social workers and youth workers.

Confidentiality

Teachers will conduct RSE lessons in a sensitive manner and in confidence. However, if a child makes a reference to being involved, or being likely to be involved in an activity which puts them at risk, then the teacher will take this matter seriously and deal with it as a matter of child protection. (See Safeguarding Policy)

Monitoring and Evaluation

Monitoring is the responsibility of the head teacher and teacher with responsibility for RSE. The effectiveness of the RSE programme will be evaluated by assessing children's learning and implementing change if required.